

The following supplication was spontaneously spoken by The Vajra
Regent "Ösel Tendzin at Dorje Dzong in Halifax on the occasion of
his seminar entitled "Discipline."

Discipline which is impeccable and without
a second thought is understood as the
continuity of wakefulness

This is the supreme gift of the guru, who has
no partiality

The highest and the lowest students are all
the same in the self-existing equanimity
of the mind

The guru is the arising of the Great Eastern Sun,
without which all of us would be blind.

We take great delight in being together.

20 March 1988