Mahamudra Poem

How can you say more than what you see?

In the realm of Mahamudra, it is possible to say as well as see.

Great siddhas have said, "Mind is ungraspable."

Therefore, I think that they are right.

This morning, the light from the window

Made a sensation on my eyelids somewhat greenish, violet and blue on my eyelids.

This in itself is not a description of mind Although this is mind itself.

For those who are uninitiated, it is a description.

For those who have meditated, it is a discipline.

For those who have accomplished, it doesn't mean anything.

To Dan Meade, with all my love and affection, for his support and practice of the Buddhadharma, I dedicate these verses which arose spontaneously from my mind, on this day, 9 July, 1983, 7:28 am.

Vajra Regent Osel Tendzin

Marina - This was