

## Instructions to Kimiko on Perseverance on the Path

When I think of my guru, chills fill my whole body  
Because of his kindness a stupid person can learn  
    a little patience  
When I have patience  
Suffering is everywhere without exception.

When I see suffering in myself and others  
I have cause to practice the instructions of my guru  
When I meditate and rest my mind in the refuge of the  
    Kagyü fathers  
I understand the cause of suffering.

Since the cause itself has no origination  
I feel compassion for all beings who do not see this  
Without hesitation or care for my own safety  
I practice the bodhisattva's path.

This is the appropriate time  
Since the beginningless beginning  
Both river and flowers have no permanence  
You too should rest  
Effort and peace are not two  
Take your time.

*Boulder, Colorado  
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